

“Wear your years with pride, like a badge of honour, for you have conquered. You have thrived. You have survived!”

Term 2 on your new lease of life starts today!

HAPPY NEW YEAR FROM...



Myall High News

Live, laugh and learn with Myall U3A

Another year is done and dusted with a new year about to begin. **Good-bye 2024! Hello 2025!!** We trust that the new year will present each of us as well as the world at large with good things. Whenever the clock strikes 12 at midnight on Dec 31st, I get really excited about the 12 months ahead. I’m usually filled with many ideas about what I’d like to do during that time. However, as I get older these ideas have taken on a rather different hue to the ones I had in the past. Lately I’ve become far more connected to the ‘days of old’. The memories of my childhood become more vivid as does the wish to revisit the place of my origin and to explore my family history. ‘Old’ friends seem to have become more important too as has the desire to understand the many twists and turns my life has taken over the decades. Equally important to me now is the desire to pack whatever I can into whatever time I have left on this planet. Be that tying loose ties into a tidy knot or doing the things I didn’t have time or the money to do during my younger years. Now I am able to explore my areas of interest. Knowing myself a little better in these latter years I can also freely say “yes” to the things I want and even have the courage to say “no” to those I don’t. It’s a level of freedom I, and I suspect, many of you never had in younger years. As we consciously consider the fact that the time we have on this planet gets shorter and shorter each moment of each day, it’s easier to focus on the important things in life. Let’s make this year a truly special and truly focussed one!!

Happy New Year!!!

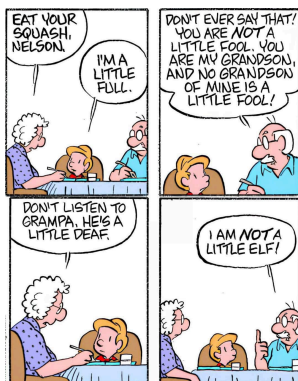
DID YOU KNOW that?

- We had a great time at our AGM and very much enjoyed the subsequent delicious luncheon at Tillermans.



- We’re excited to report that we’ll be able to move many of our programs into the new annexe of the Hawks Nest Community Hall this year.
- A new program - Metaphysics conducted by Brian Ness - will commence in February.
- As Myall U3A found itself in a healthy financial position at the end of 2024 we are able to keep our registration fees at \$45 per person.

- Our Choir, under new leadership this past year has gone from strength to strength as has our Music Group. Both groups can boast a number of successful performances in 2024 and are excitedly looking forward to even bigger and better things in 2025.



- We'd really like to get to know each of our members a little better. As we all come from such different backgrounds, traditions and experiences it would be wonderful if you could share your favourite childhood memory with us. To do so, please send an email to newsletter@myallu3a.org.au or simply **click here**.



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WHAT'S HAPPENING IN U3A?

REGISTRATION:
Please remember that you need to reregister each year anew!

You're invited!

Join us today!



REGISTRATION DETAILS:

1. Show up on...
Tuesday 21 January.
9.30 - 11.30 am
at the **HAWKS NEST COMMUNITY HALL**
Booner St. Hawks Nest.
A membership fee is \$45 p.a
for unlimited courses!
2. Download form at:
www.myallu3a.org.au
and enrol online!

Live, Laugh and Learn with us in 2025!

