

For special songs for mum [click here](#), and [here](#).



Happy Mother's Day



# Myall High News

*Live, laugh and learn*

Motherhood - such a wonderful and often thankless job and yet, something to which those of us who've experienced the highs and lows of it can attest, the most important job we've ever had. Whether we've been mothers or not, we can say with absolute certainty that we've all had a mother ourselves. Not everyone, of course, gets to know their birth mother - some people, due to whatever circumstance - were raised by another caregiver. I am thinking of those people who've had an adoptive mum, a stepmother, foster mum or even a grandma who might have taken on the mothering role. Whatever the case may be for you, let's include the substitute mum in the heartfelt "THANK YOU" we should remember to say either in person or in whispers on our mum's graveside on Mother's Day. One day it will be our children who will remember us, we hope, with the same gratitude and love we express on this day to those amazing females who raised us and had no small part in making us the people we are today. "THANK YOU MUM!!"

## WHAT'S HAPPENING IN U3A:

### A NOTE FROM OUR PRESIDENT:

Time flies when you have things to do. We are nearly halfway through the year already. I hope everyone has settled into their course and is enjoying the activities. As I am new to all this, I would like to come and visit the courses and meet everyone.

Myall U3A committee has been busy organising courses, conveners, times and locations. That takes a lot of work, so thank you very much to all involved! For everything to run smoothly, sometimes more help is needed. The Committee is hoping for volunteers for the positions of:

**Secretary**  
**Program Coordinator (Assistant)**  
**And a few others as listed below**

Please consider joining our Committee. Support and assistance will be given. If you are interested, let your Convener/ Teacher know. They will also explain the roles to you. Thank you for your support, time and effort.

Anja

## CLASS AND CONVENER CHANGES:

With immense gratitude and sadness we see one of our longest serving and much valued French Conveners, George Nadal, leave his position as Myall U3A French teacher. Dear George, we simply want to say a heartfelt "Thank You" for your 6 years of faithful service. You will be sadly missed by so many whose lives you have touched in more ways than one throughout this time period. It will be a very difficult task for anyone attempting to fill the hole you will leave in our U3A community. Our very best wishes for whatever the future may hold for you!!

## FRENCH CLASSES FOR BEGINNERS:

Frances Brown, who has been teaching the French beginners class during the last term, will continue teaching this class for term 2 and beyond. Unfortunately, the intermediate and advanced classes are cancelled for term 2.

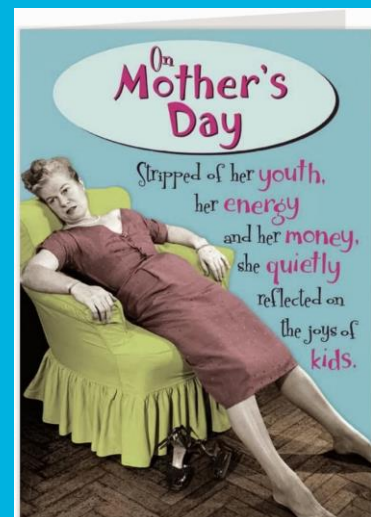
## TIPS ON STAYING SAFE ON THE INTERNET:

As we are very much aware by now, scammers are no respecters of people. They, in fact, will target anyone who owns an electronic device and, unless we decide to forgo the convenience these devices doubtlessly offer, we will be potential scam targets. We aim to offer some tips in each newsletter that will help you protect yourself online. This month we'll look at how to avoid being scammed when using Paypal and/or other methods of online payments (courtesy of Scambusters). **Please click here.**

## MOTHERHOOD

"I don't think it was until I became a mom myself that I was able to truly understand just what being a mother means: sacrifice. You sacrifice your body, your quality sleep, your time, and your lifestyle in exchange for the most amazing, wonderful, and hardest job in the world.

Moms are teachers, protectors, and friends. They are someone you can always turn to when you need help, no matter how much you drive her crazy. Mothers are role models, shoulders to cry on, and the biggest cheerleader for their little humans, and in so many ways, mothers are superheroes."





**JOIN OUR...**

# DYNAMIC COMMITTEE



*Myall U3A are fortunate to have a strong dynamic committee and we want to keep it that way! Some of our members are looking to be replaced after many years on the committee and others need support and assistance as our U3A continues to grow.*

Please contact our President Anja on: 0431 523 093 or email: [info@myallu3a.org.au](mailto:info@myallu3a.org.au)

**Positions:**

- \* Vice President
- \* Assistant Secretary
- \* Assistant Programs Coordinator
- \* Assistant Technical Coordinator

*Please help!*

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