



History buffs,  
click here



# Myall High News

*Live, laugh and learn*

All of us lucky enough to live in our local coastal paradise were able to enjoy a spectacular first month of the year. How wonderful to wake almost every morning to azure skies, brilliant sunshine, a glistening ocean beckoning swimmers into its depths, dolphins frolicking near-by and the pleasures of a January reminiscent of the happy sun-filled summers of our youth. What a fantastic way to start 2024!!

Although I was unable to attend the local Australia Day celebrations, I believe that it was a great day. Faithful members of the Lions Club must have been sweltering as they were preparing their annual sausage sizzle, as no doubt were all those present enjoying each other's company and celebrating the recipients of the Citizens of the Year Awards.

## WHAT'S HAPPENING IN U3A:

The most important event in January for U3A was, of course, our annual Registration Day, which was well attended and saw many of our regular members reregister as well as numerous new members signing up.

With February at the doorstep we are ready to commence our programs and look forward to getting to know those of you who are new to our organisation. We are, of course, equally keen to reconnect with the 'old' friends we made during the courses each of us attended throughout the past year/s. As enjoyable as it was to have a summer break, now we are ready for new and exciting ventures into learning, discovering, exploring and practicing new skills. Our courses starting dates and times can be found on the next page.



# DID YOU KNOW that?

- If you haven't yet had a chance to register you can do so NOW: New members, [click here](#), Renewing members, [click here](#).
- If you need a reminder of what's on offer at Myall U3A this year, please [click here](#).
- Tea Gardens Library offers workshops for senior on: Wednesday, 14 February 10 AM - 4:15 PM  
Wednesday 13 March 10 AM - 4:15 PM

More library workshop info and more [DID YOU KNOW](#) in the blue panel on the right.



*Correct*



## COURSE START DATES & TIMES...

Course	Day of Week	Start Date	Time
Music Group	Tuesday	30th Jan	1:30-3.30pm
French: Beginners	Thursday	1st Feb	10:00am-11:00am
Friday Presentations	Friday	2nd Feb	10:00am-12:30pm
Card Games	Friday	2nd Feb	1:30-3:30pm
U3A Art Group	Monday	5th Feb	9:00am-12:30pm
Spanish Beginners	Monday	5th Feb	2:00-3:00pm
Spanish Intermediate	Monday	5th Feb	3:00-4:00pm
Garden and Nature Club	Tuesday	6th Feb	1:00-3:00pm
Yoga on Tuesday	Tuesday	6th Feb	9:30-11:00am
Choir	Wednesday	7th Feb	9:30-12noon
Photography Group	Thursday	8th Feb	2:30-4:30pm
Opera in the Afternoon	Monday	12th Feb	1:30-4:30pm
Big Ideas	Monday	19th Feb	2:00-4:00pm
Writers Group	Tuesday	20th Feb	2:00-4:00pm
Friends of Film	Tuesday	27nd Feb	2:00-4:00pm
French: Advanced	Wednesday	1st May	9:30-11:00am
French: Intermediate	Thursday	2nd May	9:30-11:00am

The library's info reads: "The workshops are about teaching seniors the basics of navigating their devices, including smartphones, tablets and laptops... The training is free, but bookings are essential". **For further information, click here.**

- SCAMS are here to stay, thus we need to be more alert to the threat of SCAMS than ever before as they are becoming more and more sophisticated and often target seniors as we may not be as aware of the current SCAM trends. To gain a better understanding, [click here](#)
- Exciting times are ahead as Myall U3A will likely be involved in two upcoming events: OurSenior Festival in March and the Singing Bridge Golden Jubilee Party in April. Keep your eyes on our next Newsletter/s for more up-to-date information.

**For more information please contact us**

★ Myall U3A Direct PH: 0431 523 093 ★

Website: [www.myallu3a.org.au](http://www.myallu3a.org.au)

*Live, Laugh, Learn!*

**Web:** [www.myallu3a.org.au](http://www.myallu3a.org.au)

**Email:**

[info@myallu3a.org.au](mailto:info@myallu3a.org.au)

Post: P.O. Box 206

Tea Gardens NSW 2324

Phone: 0431 523 093