



Pam Spears at her 90th birthday



An artwork, painted by Pam Spears



Myall High News

Live, laugh and learn

We have been asking members to come forward with stories any of you may have of the early Myall U3A days whether it is about people you knew from the founding days or just long-time members, convenors, or committee volunteers.

We've now found a few of our early members and our Publicity Officer, Annie Rutter, has interviewed some of them. As her mother Pam Spears was a member of this group, Annie kicked off the process with her.

Annie reports: Our very first MU3A President was Colin Hardy. His wife Via was the very first Treasurer. After Via passed away Colin re-married and moved to Canberra. I have not been able, thus far, to find out if he is still alive. I have, however, a beautiful story from Pam Spears whose husband Peter (my dad) was a founding member of Myall U3A in 1993.



Left: Another of Pam's amazing paintings.
Right: Pam with Kenny Parks and Norma Glenn



A few quotes from the interview:

"Pete and I were involved from the beginning with Colin and Via. We were all friends. My friend Norma Glenn started up the 'Garden Club'. I was never a committee member (only a tea lady) but Peter was an inaugural committee member in the early 1990's. Peter hosted one of the first courses called 'Money Matters', which was well attended." **Click here** to read the entire interview.

WHAT'S HAPPENING IN U3A:

For this month's edition of our Newsletter we've asked Julie Taylor from our Friends of Films group for her contribution. Julie begins her report by asking: "Who doesn't like a good film?" and then goes on to say: "There are so many from which to choose. Yet it is difficult to decide which film to show, given all the online viewing options available these days. Shirley Andrews and I try to choose general topics that everyone can enjoy. It may be a musical one month, a drama the next

and a rom-com later. Those who attend happily munch on Maltesers or other goodies.

All U3A courses are a learning experience and many may see film just as entertainment without educational meaning. I believe each film is a learning experience. Psychoanalysing the characters, working out a different ending, the fashion, music and language, they all incorporate using different thought processes keeping the brain active. For instance July's film was "Sliding Doors" - two story lines being told at once. That was a brain workout in itself! To read the rest of this report, [click here](#).

DID YOU KNOW THAT:

- The Hawks Nest Community Hall refurbishment work is finally imminent and none too soon, many will say, given that this process is running numerous years behind schedule.
- Lovey's Grocers IGA Hawks Nest has won three gongs at the National IGA awards of excellence on the Gold Coast? What an achievement. Three cheers to our excellent IGA!
- Our local 'Boomerang Bag' group has outdone itself (yet again) by fashioning useful work-bags from old ambulance uniforms which had been donated to them. The group then presented these to our much valued and deserving local paramedics in Tea Gardens.
- This summer is forecast to be a very hot one, with extreme bushfire danger to be expected. According to the latest Mid-coast council news you'll be able to get a free emergency radio and bushfire preparedness plan by attending a workshop to learn how to protect your property. This workshop will be held on August 5th at North Arm Cove. Bookings required. [Click here](#) for info.
- Workshops, designed to 'make the MidCoast a more enjoyable place to live for people with dementia' are planned for August 29th at Hawks Nest and Forster, [Click here](#) for info.

Some days, I amaze myself. Other days, I look for my phone while I'm talking on it.

ONE MINUTE YOU'RE
YOUNG AND FUN
AND THE NEXT
YOU'RE TURNING DOWN
THE STEREO IN YOUR
CAR TO SEE BETTER

Learning for Pleasure

by Ray Keipert

We've Opera, Art and Music
To stimulate our brain
Two leaders teach the romance
tongues
Of noble France and Spain

There's a class on Photos going
for those so keen to try
To document our local life
Of beaches, trees and sky

Films are screened on Tuesday
Big Ideas we know about
Friday morn is the time
for Talks
over tea a crowd is found

Computer themes on Wednesday
Friday cards you can't ignore
Good fellowship in yoga too
A great time's had for sure

The Garden Club meets monthly
sharing cuttings, plants
and seeds
Green fingers are the
way to go
You'll find it meets your needs

Reading and Choir are
now sought
To discuss and sing and laugh
The Writers group churns stories
out
then sorts the wheat from chaff

To read the remainder of this
lovely poem, please

[CLICK HERE](#)

**FOR MAITLAND GOAL
EXCURSION BOOKINGS,
[CLICK HERE](#)**

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