



You are NEVER too old! Don't believe me? [Click here](#)



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# Myall High News

LIVE, LAUGH AND LEARN

## WE ARE NEVER TOO OLD!!!

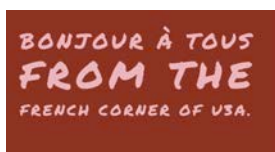
I know that this is sometimes very difficult to believe, especially when bits of us hurt, when we feel discouraged or distressed by the face staring back at us from the mirror, or when we simply feel “out of date”. If and when that happens, just watch the above video clips and remind yourself that “you are never too old!!!!”



You may remember that in last month’s newsletter we encouraged our original local U3Aers to get in touch. Although we have not been contacted by any of them, we have discovered their identities. Some of the earliest members were: Peter Spears, who was a member of the inaugural U3A Committee in the early 90s. Colin Hardy was the first president of Myall U3A, ably assisted by Vy Hardy, his wife who became its first treasurer. Other founding members were Elsie Nealon, Betty Cross, Gwen Shane as well as Bob and Margaret Metcalfe. Given that these adventurous folk were no ‘spring chickens’ in the early 90s, it would be amazing to find any of them still alive. However, should you be one of them or perhaps be a descendant, please get in touch with us.

## WHAT’S HAPPENING IN U3A:

This month’s account comes from our very popular and greatly valued French teacher, George Nadal. Here is his report:



“As our second term draws to an end, I am delighted to report that for the first six months of 2023 our four classes have been running close to full capacity. The sheer determination and hard work of all our students are paying dividends. I am very proud of their achievements so far. They are now able to communicate about personal lives and involvements (such as family, friends, interests), and some broader social and cultural issues (such as health, social media, the environment). To read the remainder of George’s report, please [click here](#).

## DID YOU KNOW THAT:

- George Nadal, after his initial plan to move to Canberra, will remain with us a little longer, for which we are beyond grateful. We also want to take this opportunity to thank him for his fantastic commitment and the great service he has been providing for years! Thank you George!!! We really appreciate you!
- Our French Classes will take the opportunity to enjoy their connection with all things French by celebrating Bastille Day on July 14th at Tillermans Restaurant. This event, of course, is open for anyone you wishes to participate ..... but you'll need to make a booking.
- Galleries in the Garden's Winter Exhibition, which will open on Friday, June 30th, will be running throughout the month of July.
- The local Artwalk, which is headed by one of our Art Group members is growing in leaps and bounds. Here is one of the latest additions, which will grace the Surfclub's wall, and which has been beautifully executed by our very own Jeanette Hart.



- The date for our Maitland Tour, unfortunately, needed to be changed to November 10th. We hope that this date will work for all of you who've already made payment. The contact person for anyone wishing to participate or are unable to make the new date is Ray Keipert, who can be contacted either by phone on: 4997 2356 or via email at: [lrkeipert@dodo.com.au](mailto:lrkeipert@dodo.com.au) More information on the Maitland tour can be found in the blue side panel.
- The Maitland tour will not only be just an historical exercise but should also be a lot of fun and bring some of us, who might not ordinarily cross paths, together. So, please consider participating.
- Changes have been made to our Term 3 Friday Presentations. For the updated schedule, please **click here.**

Come on an exclusive...



## Maitland Gaol

**When?**  Friday 10 November 2023

**Where?** 6/18 John St, East Maitland

**Time?** 11.AM - 12.30 PM

**Cost?** \$ 21 p/p

Booking details...

Email Ray Keipert on:  
[lrkeipert@dodo.com.au](mailto:lrkeipert@dodo.com.au)  
to register a place.

**Payment Deposit Details:**  
BSB: 932 000  
ACC: 5000 40634  
NAME: MyallU3A  
REF: MGE + Your Last Name  
(Maitland Gaol Excursion)

Limited numbers!

Future Tours can be organised!

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