



Myall High News

Live, laugh and learn

When I see crowds gathering in our gorgeous coastal twin towns, my heart leaps for joy. I know that there still are some folk who are concerned about the pandemic not having come to its ultimate end, but most of us are quite comfortable by now to mingle freely. This was especially apparent at the recent Seniors' Week celebration and I was absolutely blown away by the numbers of people stepping out for this event. Didn't the Progress Association do a wonderful job? I feel confident in speaking for all of us when I say to all involved: Congratulation on a job well done!



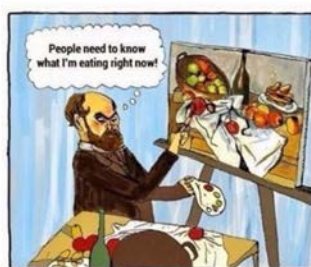
WHAT'S HAPPENING IN U3A:

Earlier this year we decided to introduce each of our courses, groups and programs to you, choosing to feature one each month. Since I might as well start in alphabetical order and I am most familiar with the Art Group, I chose to begin the process by featuring this vibrant and successful program in this month's edition. I've had the pleasure of convening as well as teaching this program throughout the past 3 years and am proud to say that we have gone from strength to strength. This year we have 60 students enrolled in the Art Group which, I am sure you'll appreciate, is quite a challenge, especially as this number includes beginners as well as very experienced artists. Undeterred, however, we decided to change our way of delivery to enable successful catering to such a large group and find this working rather well, so far. We are very grateful that we are able to have our group gatherings in the Baptist Church Hall, which can accommodate quite large numbers. All the same we've now had to close the group as we simply cannot fit anyone else in. As hanging from rafters does not seem to appeal all new applicants now go on a waiting list and will be contacted once the Art Group number settles into predictable weekly attendance. Not everyone listed will realistically be able to regularly show up and it takes a few weeks for this to become apparent. So, should you be interested in joining, please do not be deterred. We'll be in touch with everyone on the waiting list by the end of this term.

Given the large Art Group number I am especially grateful for the help of a couple of very gifted artists and am super happy about being able to bring new and exciting processes to the group. I believe in the saying: “the more the merrier “and therefore am still interested in finding more ‘helpers’, co-teachers as well as as many guest artists as possible. So, if that is you, please contact me by [clicking here](#).

DID YOU KNOW:

- That you can potentially have a speeding fine waived if you have a clean driving record? As many of us have been ‘caught’ speeding (often for the very first time) by the mobile speed camera which frequently is located on Tea Garden’s main road, this can be valuable information. More on the factors considered by Revenue NSW as relates to speeding fines you can [click here](#).
- That progress is being made in the area of combatting Alzheimers. If you are interested in this, unfortunately rather pertinent subject matter, you can find more information [here](#).
- That Galleries in the Gardens is organising its first ‘open to all’ art competition. If you are interested in participating or would simply like more information, please [click here](#).
- **That we are still seeking someone to run a Book Club** under the banner of U3A. Book Clubs are great ways of connecting with other lovers of books, having stimulating conversations, furthering your knowledge as well as keeping your brain sharp. All you need to know for starting a Book Club can be found [here](#). If you’d like to start a Book Club, please contact us (contact details on the bottom of the blue side-panel).
- That you can find U3A’s Friday Presentation List [here](#).
- All the art works you saw at the Seniors’ Week Celebration, (and as pictured on the first page) which were created by some of our Art Group members and by me, are for sale. Please get in touch [here](#) if you missed out on the day.



Before Instagram

Baby Boomers will get this 🤔 Too Funny!!



The INTERNATIONAL WOMEN’S DAY fundraiser, at which our very own Annie Rutter will be speaking ,will be held on March 8th at 10:30 a.m. at the North Arm Cove Community Centre.

Other speakers are:

Kate Washington and Paula Lau. The cost for attendance & High Tea is \$35

For booking and payment call Jan Peters on 0408 203 537 but be quick as there are not many tickets available.

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